

## Hallow's Eve 8 or 10 km of Race Route

### Getting There

Take Lillooet Road north, past Capilano University, turn left on Inter River Park Drive. Park at soccer field parking lot or side street on left. Meet at Jaycee House.

### Trailhead

- Jaycee House 1251 Lillooet Road.

### Lillooet Road

- North along Lillooet Rd on gravel path on left.
- Straight through gate onto cemetery road. Take bark mulch trail.
- Run shoulder on left side of road.

### Diamond Trail to Baden-Powell

- Just after yellow LSCR gate on Lillooet Road, turn LEFT.
- Then second left onto main trail marked with diamonds.
- Follow diamond markers to junction at Baden-Powell.

### Baden-Powell

- Turn left a few meters to find post.
- At post, turn right down Baden-Powell steep switchback.
- Go through marsh on Baden-Powell.
- At Twin Falls bridge, keep RIGHT (do not cross bridge).
- *At Suspension Bridge trail turnoff, turn LEFT toward bridge, go along boardwalk.\*\*\**

### 30 Foot Pool

- At **landing before bridge**, turn RIGHT to go toward 30 Foot Pool.
- Head up stairs (104) at 30 Foot Pool.
- At top, keep left, start heading down beside fence until you reach a gravel road.
- At the bottom of the hill, turn right and head up wide trail to gazebo area.

### Suspension Bridge Trail

- RIGHT onto Suspension Bridge trail.
- Take second turnoff to right. Head down.

### Baden-Powell

- Pass turnoff to bridge (keep straight).
- Keep straight at bottom toward Twin Falls, onto Baden-Powell trail.
- Through marsh, up switchback.
- At top of switchback, at post, turn **LEFT** a few meters.
- Next **RIGHT** to get onto **Diamond** marker trail.

### Diamond Trail

- Follow Diamond markers to T-junction near Lillooet Road.
- Turn right to get to Lillooet Road.

### Lillooet Road

- Keep RIGHT on Lillooet Road, onto bark mulch.
- Go through cemetery on road.
- Take gravel path on right to Jaycee House.

### For 8 km Route

\*\*\*turn around at landing and return to Baden-Powell trail. Turn RIGHT.

### Baden-Powell

- Through marsh, up switchback.
- At top of switchback, at post, turn **LEFT** a few paces.
- Next RIGHT to get onto **Diamond** marker trail.

### Diamond Trail

- Follow Diamond markers to Lillooet Road.

### Lillooet Road

- Keep RIGHT on Lillooet Road, onto bark mulch.
- Go through cemetery on road.
- Take gravel path on right to Jaycee House.

### Sponsors

North Shore Athletics 1200 Lonsdale Avenue, North Vancouver. 604-990-6888 [www.northshoreathletics.com](http://www.northshoreathletics.com)  
 Moveo Sport and Rehab #101-135 East 15<sup>th</sup> St North Vancouver, 604-984-8731 <http://moveo.ca/>  
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