



FAT DOG 120 Proof of Trail Maintenance

7th Annual Fat Dog 120 Trail Race, Friday Aug 11– Sunday Aug 13, 2017

Today's Date _____

Trail Maintenance Information

Last Name	_____	First Name	_____
Full Address	_____		
Phone	_____	Male/Female	_____
Email (print)	_____		
Category	<input type="checkbox"/> 120 mile <input type="checkbox"/> 70 mi <input type="checkbox"/> 50 mi <input type="checkbox"/> 40 mi <input type="checkbox"/> Relay		

Trail Work Done

Trail Maintenance 8 hours required for 120 mi, 70 mi 50 mi and 40 mi.	Hours: _____	Location: _____
	Purpose of maintenance: _____	
	Name/phone of person to verify Trail Maintenance: _____	

4 hours for relay (each person).	Hours: _____	Location: _____
	Purpose of maintenance: _____	
	Name/phone of person to verify Trail Maintenance: _____	

	Hours: _____	Location: _____
	Purpose of maintenance: _____	
	Name/phone of person to verify Trail Maintenance: _____	

Alternative Volunteering

Alternative 8 hours required for 120 mi, 70 mi 50 mi, 40 mi.	Hours: _____	Location: _____
	Purpose of volunteering: _____	
	Name/phone of person to verify time: _____	
4 hours for relay (each person).	Hours: _____	Location: _____
	Purpose of volunteering: _____	
	Name/phone of person to verify time: _____	
	Hours: _____	Location: _____
	Purpose of volunteering: _____	
	Name/phone of person to verify time: _____	

Or \$65 Donation to Mountain Madness Trail Work Fund (can do online)

Your cheque number: _____

Date of contribution: _____

Sign

Your Signature _____ Print name _____

Send Form to:

Heather Macdonald Mountain Madness 115 Thistle Road, Eastgate, BC, Canada V0X 1R0
Or scan form or take photo and email to info@mountainmadness.ca

Race Director

Heather Macdonald, 250-840-8800 info@mountainmadness.ca

