

FAT DOG DISTANCE GUIDE



120 mile/193 km

km	mile	Aid station	Target/cutoff
0	0	Start Lakeview Trailhead	
12	7.5	Cathedral	
29	18	Ashnola River	4:30 pm Fri T
36	22	Trapper	
57	35	Calcite	11:15 pm Fri T
63	39	Pasayten River	1 am Sat T
66	41	Bonnevier	1:30 am Sat C
83	52	Heather	6:00 am Sat C
99	62	Nicomen Lake	
117	73	Cayuse Flats	2 pm Sat T
125	78	Cascade	4 pm Sat C
128	80	Sumallo	
149	93	Shawatum	8 pm Sat T
160	99	Skyline	11:30 pm T 12:30 midnight Sat C
174	107	Camp Mowich	
182	112	Sky Junction	
193	120	Finish	10 am Sun

Relay Cutoff

km	mile	Interchange	Cutoff Time
66	41 mi	Bonnevier	1:30 am Sat
91	56	Blackwall Peak	3 am Sat
147	91	Cascade	4 pm Sat
172	106	Skyline	12:30 midnight Sat
205	127	Finish	10 am Sun

70 mile/114 km

km	mile	Aid Station	Target/cutoff
0	0	Start Blackwall Peak	
20	12	Nicomen Lake	
38	24	Cayuse Flats	1 pm Sat T
46	28	Cascade	4 pm Sat C
49	30	Sumallo	
70	43	Shawatum	8:00 pm Sat T
81	50	Skyline	12:30 midnight Sat C
94	58	Camp Mowich	
102	63	Sky Junction	
114	70	Finish	10 am Sun C

50 mile/81 km

km	mile	Aid Station	Target/cutoff
0	0	Cayuse Flats	
8	5	Cascade	10:30 am Sat T
16	10	Sumallo	
37	23	Shawatum	2:30 pm Sat T
48	30	Skyline	6:30 pm Sat C
62	38	Camp Mowich	
70	42	Sky Junction	
81	50	Finish	5 am Sun C

40 mile/66 km

km	mile	Station	Cutoff
0	0	Sumallo	
21	13	Shawatum	
32	20	Skyline	6 pm Sat T
46	28	Camp Mowich	
54	33	Sky Junction	
66	40	Finish	6 am Sun C