

## Heather Trail Out and Back 40 km (or 26 km)

Where Heather meets Bonnevier, it is open and single track. Heather Trail is a feast of wildflowers, amazing 360 degree views, meadows, steep descent on rocky ridge to Nicomen Lake.

### Getting to Heather Aid Station

- Take road across from Manning Park Lodge, drive up toward Blackwall Peak about 17 km.
- Find **trail at upper parking lot** at post for Heather Trail.
- Follow Heather Trail.



- Turn right at this post to go toward Nicomen Lake. Trail curves left.
- You reach Buckhorn Camp.
- Continue up Heather Trail.
- Reach post at Bonnevier and Heather.

### Heather Trail



- Bonnevier is on your right.
- Head straight (west) along Heather toward mountains.

- Reach post for First Brother, go straight to stay on Heather Trail.
- \*Come to intersection of Kicking Horse Camp. Post indicates 9 km to Nicomen Lake. Continue toward Nicomen Lake.
- Rocky switchback descends toward Nicomen Lake.

### Nicomen Lake

- Reach Nicomen Lake Camp (post indicates lake 1 km to your right). Go right. (↻)
- Reach campsite/hut at Nicomen Lake (aid station is at this hut).

### For 26 km Only

\*Turn around at Kicking Horse Camp.

### Return

Come back the same way you went out.

Sign back in on the sheet to indicate you returned.

Heather 604-313-7621, 115 Thistle Road across from Esso in Eastgate.

