

Getting to the Trailhead

Take Capilano Road north to the Cleveland Dam. Park at the dam and walk one block north on Nancy Greene Way to Cleveland Park.

Trailhead

- Run around perimeter of Cleveland Park before heading up Nancy Greene Way.

Nancy Greene Way

- Take pathway on Nancy Greene Way.

Powerline and Skyline

- At top of Nancy Greene Way turn RIGHT onto laneway just south of Grouse Mtn parking lot.
- Follow to the end (watch for cars), veer LEFT and head east onto the Powerline Trail (towards Skyline Drive). The trail climbs gradually, skirting the base of Grouse.
- Go by the gate and up paved Skyline Drive to the **5053** sign, then take the right fork.



- Watch for Baden-Powell Trail on your right.

REGROUP

Baden-Powell

- Turn RIGHT onto B-P. Trail drops very steeply.
- At bottom of steep descent turn LEFT to stay on Baden-Powell.
- Cross the footbridge at Mosquito Creek.
- Turn LEFT just over bridge onto Baden-Powell.
- Follow Baden-Powell markers to Mountain Highway.

REGROUP

Mountain Highway

- Turn LEFT up Mountain Highway (cars).
- Pass by bathrooms and green water tower. Go past the gate.
- Follow to post marked Cedar Tree Trail.

REGROUP

Cedar Tree and Griffen Trails

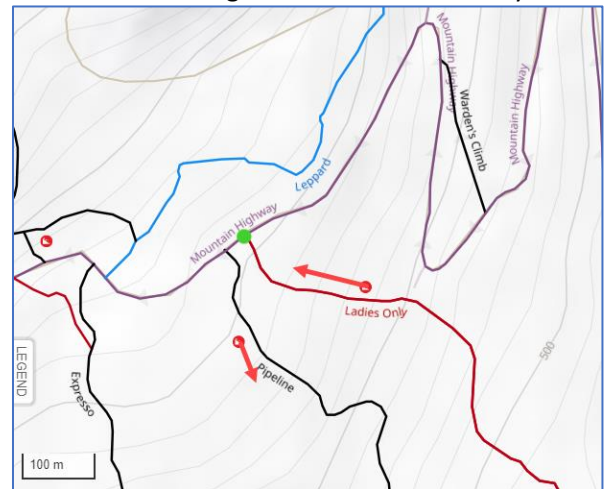
- Turn RIGHT onto Cedar Tree Trail (gravel trail).
- At T-junction, turn RIGHT onto Upper Griffen.
- Keep left onto Middle Griffen and then straight onto Lower Griffen.
- At junction with Baden-Powell, turn RIGHT.

Baden-Powell, Ladies Only and Pipeline

- Follow Baden-Powell Trail back to Ladies Only (first trail on right after crossing Mtn Hwy).

REGROUP

- Turn RIGHT and begin ascent on Ladies Only.



- Turn LEFT onto Mountain Hwy and then LEFT again onto Pipeline.
- Descend Pipeline back to Baden-Powell.

Baden-Powell Return

- Turn RIGHT onto Baden-Powell Trail and head back towards the start.
- At top of hill just past Mosquito Creek Bridge, stay LEFT onto driveway and follow down to Skyline Drive (and 5053 sign).
- Continue along Skyline Drive and Powerline back to parking lot.
- Veer LEFT onto the laneway heading to Nancy Greene Way (watch for cars).
- Turn LEFT onto the pathway and head down Nancy Greene Way to Cleveland Park.

20 km FINISHED – STRETCH

