

Getting to the Trailhead

Follow Mount Seymour Parkway to Berkley. Turn left onto Berkley and head all the way to the end of the street. Park near the sports field at top of Berkley. **Do NOT park at the little lot beside the sports field.**

Trailhead

- Find Baden-Powell Trail on south side of Hyannis Drive.

Baden-Powell

- Take Baden-Powell until you come to the intersection of Fisherman's, turn right.

Fisherman's to Bridle Path

- Follow Fisherman's Trail to Bridle Path.
- Turn right up Bridle Path.

REGROUP

Bridle Path

- Turn left at Y-junction and come to plateau with signpost.
- Turn right to stay on Bridle Path and you come to the bridge at Baden-Powell.

Baden-Powell

- Turn left onto Baden-Powell and you reach the kiosk intersection at Bridle Path.

REGROUP

Bridle Path

- Turn right and stay on Bridle Path as far as Cardiac Bypass.

Cardiac Bypass

- Follow Cardiac to the T-junction, turn right and stop at the **large burned-out stump**.

REGROUP

Bridle Path

- Cross the bridge and continue on Bridle Path to Old Buck.

Old Buck to Empress Bypass

- Head down on Old Buck.
- Turn right onto Empress Bypass and take Fern Gully.

Fern Gully to Bridle Path

- Follow Fern Gully to Bridle Path.
- Turn left onto Bridle Path.
- Follow Bridle Path back to the burned out stump.

REGROUP

Cardiac Bypass

- Head onto Cardiac Bypass which leads you back down to Bridle Path.

Bridle Path

- Turn right and follow Bridle Path back to the kiosk at Baden-Powell.

Baden-Powell

- Turn left and cross the **big rock**.
- Go straight on Baden-Powell to get back to Hyannis Drive.

STRETCH

